



PARENT PERMISSION SLIP FOR TROOP 330 & CREW 461

TROOP 330 & CREW 461 ARE GOING ON A Bike Ride From La Mirada Yum Yum Donuts 12821 Valley View Ave, La Mirada (20/40 Miles Round Trip.)

WE WILL MEET ON Saturday, March 24th 7:00 a.m. **Please, you need to arrive promptly at 7:00 a.m.**

WE WILL RETURN ON Saturday, March 24th 11:30 a.m.

THE COST IS \$3.00 and not being able to sleep in on Saturday. **Pay the ride leader on the day of the ride.**

LEADER(S) IN CHARGE Dennis Cable Cell Phone (562) 304-6769

EMERGENCY CONTACT Elizabeth Cable Cell Phone (562) 322-6624

ADDITIONAL ITEMS TO BRING: (in a small backpack or saddlebags)

* Permission Slip * Bicycle Helmet * \$3

* Spare inner tubes & Patch Kit

* Bike Tools * Air pump

* 1qt Water & Snacks * Sun Glasses

Know your equipment, your ability and the area in which you are riding and prepare accordingly. *Strive to be self-sufficient:* keep your equipment in good repair and carry necessary supplies for changes in weather or other conditions. Always wear a helmet and appropriate safety gear.

CUT OFF AND RETURN BOTTOM PORTION WITH PAYMENT TO Dennis Cable

RETURN BOTTOM PORTION ON **Saturday, March 24th at Yum Yum Donuts**

MY SCOUT _____ HAS MY PERMISSION TO GO WITH TROOP 330 & CREW 461 on a **Ride From Yum Yum Donuts 12821 Valley View Ave (20/40Miles Round Trip.) On Saturday, March 24th.**

I UNDERSTAND THE COST IS \$3.00 and not being able to sleep in on Saturday

I UNDERSTAND IF SCOUT DOES NOT BRING NECESSARY ITEMS TO FIX HIS BICYCLE, I WILL BE CONTACTED TO DRIVE TO THE LOCATION AND PICKUP MY SCOUT

IF IT IS NECESSARY FOR A PHYSICIAN TO ATTEND MY SCOUT, THEY MAY HAVE EMERGENCY MEDICAL ATTENTION AT MY EXPENSE.

PARENT SIGNATURE _____

PRINT NAME _____ PHONE () _____

EMERGENCY CONTACT _____ PHONE () _____

ALLERGIES/MEDICATIONS _____

***If your scout has a serious allergy, they must carry an epinephrine pen and inform the leaders they have it.**

***If your scout is a diabetic, they must let the leaders know and carry emergency insulin with them.**

***If your scout is asthmatic, they must carry an inhaler and let the leaders know.**